

The Sourdough

S E N T I N E L

Nov. 18, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 46

President Bush stops by



— Pages 14-15

PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

11th AF Commander wishes members safe holidays

By Lt. Gen. Douglas Fraser
11th Air Force/Alaskan Command Commander

Safe Season’s Greetings to you all!

The holidays are a wonderful time of year – a time of joy, laughter, and warmth. We have worked hard this year and we can all be proud of our Air Force, Team Alaska, and our armed forces. Thank you for your dedication, your pursuit of excellence, and your focus on safety.

As the holidays approach and you plan to spend time with loved ones, I ask you to take special care of yourself, your family and your co-workers. This season of joy and togetherness can also be a season of worry and isolation. Please keep an eye on each other, both on- and off-duty, to ensure we all have a safe and happy holiday season.

This time of year in Alaska brings ice, snow, cold and darkness. The busy, icy roads and reduced visibility make driving the most hazardous activity that we face every day. Last

year, private motor vehicle accidents took the lives of more Airmen than any other cause. Plan ahead, slow down, clear the snow and ice from car windows, never drink and drive, and be ever vigilant of that other driver who may have been drinking. In addition, extreme arctic conditions can turn routine tasks into major undertakings. Don’t rush the job to get out of the cold, take warm-up breaks, follow directions, and focus on doing the job safely the first time.

Take time to enjoy the winter recreation opportunities Alaska offers. But please take time to plan and prepare for your winter activities. Skiing, snowboarding and snowmobile accidents, avalanches, thin ice and hypothermia are a few of the hazards to watch for during the winter. Slow down, get the right equipment and training, plan ahead, stay within your limits for whatever activity you are doing, and then have a great time. Remember, the smartest way is usually the safest way.

Thank you for your selfless com-



COURTESY PHOTO

Lt. Gen. Douglas Fraser

mitment to the Armed Forces and our country. I wish each of you the very best this holiday season and a safe and prosperous New Year! We’ll see all of you after the holidays.



Airman 1st Class Wil-

liam Clark, 3rd Civil Engineer Squadron, was instrumental in the \$64,000 renovation of the Kashim Club; he helped convert 5,600 square feet of space into the new headquarters for the Armed Services YMCA. As lead framer, Airmen Clark supervised a three-man crew and completed 30 percent of the project in the first week. He worked closely with the club staff and coordinated all demolition, asbestos removal and safeguarded \$7,000 worth of club memorabilia. His efforts saved \$25,000 versus using a contractor.

Master Sgt. Timothy Dahl, 3rd Operations Group, spearheaded the unit Airmen Against Drunk Driving program. He and his 14 volunteer drivers were credited with 35 safe rides home for Team Elmendorf and Ft. Richardson personnel. Sergeant Dahl also led the 517th Airlift Squadron Arctic Bazaar food booth efforts, raising over \$1,100 for the squadron’s Arctic Village charity events. His efforts were key to continued camaraderie and cohesion of the entire squadron family.

Tech. Sgt. Glenn Maddock, 962nd Airborne Air Control Squadron, corrected Link-16 problems with the 390th Fighter Squadron. The F-15Es were having problems linking with the E-3 during the Cope Thunder 06-01 exercise due to alternate standards at Mountain Home Air Force Base, Idaho. After the first mission, Sergeant Maddock and the flight lead diagnosed the problem and implemented the fix that made the link successful for the two-week exercise. He also contributed to the F-15Es overall 86% link connectivity.



Brig. Gen. Hawk Carlisle
3rd Wing commander

Do you have a problem you can’t seem to get solved? Would you like to recognize someone for a job well done?

The commander’s action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander’s personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224
actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can’t help, then please call the Action Line.

Key phone numbers:

Col. Mike Hass, 3rd CES/CC
552-3007

Lt. Col. Mark Allen, 3rd SVS/CC
552-2468

Maj. Mitch Bird, 3rd SFS/CC
552-4304

Residents have issues parking in Seattle Housing

Q: I live in Seattle Housing which is across the street from the Alaskan Command Headquarters building.

I am concerned because of a letter we received from Aurora Military Family Housing stating that they have authorized 3rd Security Forces Squadron to start ticketing us because of where we are parking our second car.

Those of us with more than one car are supposed to park in specified areas; however, the reason a lot of us don’t is due to the fact that people who work in the ALCOM building are parking by our houses in the areas designated for our second car to be parked.

A lot of these people are parked there all day long while they are at work and now we are going to be ticketed because we cannot park where we are supposed to.

I know there must be a parking lot designated for their parking needs to prevent them from parking here.

The people who park here go in the south side

entrance of the building (down the ramp).

Can you please look into this matter and see if something can be done about these people parking here?

I believe if anyone should be ticketed, it should be them. Thank you.

A: Thank you for bringing this to my attention. I asked my staff to visit the Seattle housing area and they determined there is enough room to park two vehicles.

Unfortunately, at this time there is no policy indicating that the specific parking area in question is for housing residents only.

Vehicles may park on the street as long as there are no signs prohibiting it, and the vehicles are properly parked.

The base traffic regulation does not address who may park in housing areas, only that residents must park in a legal manner.


Due to this, 3rd Security Forces Squadron has no basis for issuing tickets in this situation.

View the *Sourdough Sentinel* online at
www.elmendorf.af.mil/3Wing/Units/PA/Webdocs/Sourdough.htm.

3rd Wing Moment in History November 17, 1950:

The 3rd Bombardment Group began staging 16 of its B-26s at Taegu (K-2), Republic of Korea.





The Sourdough S E N T I N E L

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PHOTOS BY STAFF SGT. SUELLYN NUCKOLLS



Veteran's Day

Clockwise from top left: Frank Chapados, U.S. Navy World War II veteran, gets a card and flag from Master Sgt. Joe Garza, 3rd Logistics Readiness Squadron. Mr. Chapados served on the USS Flint Destroyer. Members of the Elmendorf and Kulis Air National Guard Base's Top 3 spent Veterans Day at the Pioneer's home of Anchorage.

Top 3 members talk with Deann Harms, a U.S. Army Mobile Army Surgical Hospital nurse during the Korean War. Members of Top 3 went to the home to let the veterans from previous wars know they are not forgotten.

Stan Brown, World War II Navy pilot on a Stermann bi-plane trainer called the Texan, talks with Sergeant Garza. Top 3 members spent several hours with the veterans.

Professional groups, services keep deployed Airmen busy

By Staff Sgt. Marcus McDonald
455th Air Expeditionary Wing Public Affairs

Three professional organizations are doing their part to boost morale and keep Airmen involved for the duration of their deployment at Bagram Air Base, Afghanistan. One of these organizations is led by a deployed Arctic Warrior.

The Top 3 Organization is for the top three enlisted ranks. Its goal, in cooperation with Bagram leadership, is to coordinate and plan activities that re-energize Airmen so they can continue dedicating their effort to getting the mission done, said Master Sgt. Anthony Edmondson, Top 3 president deployed from Elmendorf.

"In addition to providing strong role models for our enlisted Airmen here, we want to do our part to make Camp Cunningham a great place to work, live and have fun," said Sergeant Edmondson, of Valdosta, Ga.

The Airmen Committed to Excellence, Middle Tier Association and Top 3 Organization are helping augment some of the 455th Expeditionary Services Squadron's morale-building initiatives.

"Each of these organizations represents a cross-section of our Air Force population at Bagram," said Lt. Col. Anne Marie Fenton, 455th Expeditionary Mission Support Squadron commander.

"They're in tune with the needs

and interests of our Airmen here and bring targeted advice on how to improve the quality of life here."

Whether organizing a sporting event or providing a place to unwind, the partnership between the organizations – and services squadron – is making it possible for the quality of life here to be a continual focal point.

"In the delicate balance between mission and morale, the partnership enables a critical focus on supporting the 455th AEW's (Air Expeditionary Wing) warfighting mission by providing avenues for Airmen and Sailors to relax after a hard day's work," she said.

Over the next months, services Airmen and the three organizations will focus their attention on holidays. These months are tough on troops.

"It's difficult to be away from friends and family during the holidays, which are stressful even in the best of times," said the colonel, deployed from Dyess Air Force Base, Texas.

She said in a deployed or a combat environment, a network of friends and co-workers can mean the difference between a sad holiday season and a more enjoyable one.

The three organizations are doing their part to make that happen.

Airmen Committed to Excellence strives to be a focal point for Airmen around Camp Cunningham, said

Senior Airman Daniel Cintron, its president.

"In addition to improving the quality of life here for everyone, ACE gives Airmen (E-1 to E-4) an opportunity to express what they want and need to make life here easier and better," Airman Cintron said. The Airman, of Tampa, Fla., is deployed here from MacDill Air Force Base, Fla.

The Middle Tier Association is for staff sergeants and technical sergeants or those selected for promotion to those ranks.

"The Middle Tier Association provides an excellent opportunity for all of our staff selects through technical sergeants to get involved in helping improve your life and the lives of others while deployed here," said Staff Sgt. Benjamin Haines, MTA president. Sergeant Haines, from Lakewood, Calif., is deployed from Yokota Air Base, Japan.

Enjoying off-duty activities is an important part of most people's well-being, said Master Sgt. Edgar Langdon, the 455th Expeditionary Mission Support Group first sergeant. He is deployed from Davis-Monthan Air Force Base, Ariz.

"Just like at home station, all work and no play can cause problems for anyone," said Sergeant Langdon, from of Hatboro, Pa. "This is especially true around the holiday season

when most Airmen are used to being around their family and friends.

The sergeant said Bagram's professional organizations, in partnership with services Airmen, are doing an excellent job of improving the quality of life for Airmen here.

"These morale-boosting venues will continue to get even better as the upcoming holiday season gets closer," he said.

Senior Airman Brenda Patterson, an information manager with the support group, has seen the impact of the partnership between the services squadron and the three professional organizations.

"Soon after arriving here, I saw that some people didn't know anyone else deployed here," said Airman Patterson, who is from Mesquite, Texas, and also deployed here from Davis-Monthan.

She said that soon changed mostly because of the efforts of all the organizations involved. She said the groups and services troops put on such events as Texas Hold 'Em volleyball and basketball tournaments and running a snack shack and recreation areas.

"And most of all," she said, "they are taking the time to find ways (to help) people enjoy themselves and get to know others during their off-duty time."

Elmendorf Airmen help police apprehend suspect

By Senior Airman Jared Marquis
3rd Wing Public Affairs

Two Arctic Warriors are being called heroic by the Anchorage Police Department for their actions Nov. 9.

Staff Sgts. Joseph Harder and William Young, 3rd Equipment Maintenance Squadron Aerospace Ground Equipment, were on their way to a local restaurant for a going away luncheon when they were cut off by a New Sagaya Markets delivery truck.

“We had just pulled into the parking lot, when the truck cut us off,” said Sergeant Harder. “Then we noticed the delivery driver running after his truck with his hands in the air.”

The driver had just finished making his deliveries to a local grocery store when he came out to find his delivery truck leaving without him. That is when he asked the sergeants for their assistance.

“We pulled up next to the delivery driver,” said Sergeant Young. “I rolled down my window and asked him if his truck had been stolen. He said, ‘yeah,’ and asked us if we could follow it.”

While the driver proceeded to call the APD, the two Airmen took off after the thief in Sgt. Harder’s pickup truck.

“He (the thief) took off out of the parking lot and turned on the Glenn Highway and stayed on the Glenn until he got to Bragaw Street,” said Sergeant Harder. “Then he took a right.”

So far, the sergeants were able to escape detection.

“He turned down an alley, and

stopped at the first stop sign, but blew right through the next one when he realized we were following him,” said Sergeant Harder.

From then on, the driver was on a mission to get away.

“He was driving crazy,” said Sergeant Harder. “He was slipping and sliding all over the road and the back door was open, so we could see a pallet and boxes sliding around.”

Shortly after starting his escape, the driver turned into a residential area and began leading the sergeants through a Mountain View neighborhood. This continued until he turned down a dead end cul-de-sac, said the sergeants.

“He turned around in the cul-de-sac and almost hit us,” said Sergeant Harder.

At this point it was the Airmen’s turn to ask for help.

“After we turned around in the cul-de-sac, we saw some people standing by a truck,” said Sergeant Young. “We pulled up and asked if one of them had a cell phone. One of them said they did, and I told him ‘Stolen truck, call the police.’”

Shortly after that, the driver got tired of the sergeants on his tail and decided to make a break for it on foot.

“He finally pulled into an apartment complex and jumped out,” Sergeant Harder said. “I jumped out and took off after him on foot.”

While Sergeant Harder took off after the suspect, Sergeant Young decided to try to cut him off.

“Sergeant Harder took off after him

on foot because he was on the driver’s side,” Sergeant Young said. “Since I would have had to go around the vehicles, I decided to try to cut him off at the back of the building.”

Sergeant Harder stayed about 15 to 20 yards behind the suspect, until the suspect jumped the fence to Clark Elementary and he was able to gain some ground.

“I saw him jump the fence, but three yards left of where he jumped was the entrance, so I ran through there and was able to gain some distance,” he said.

The suspect then headed for the school and went right in the door with Sergeant Harder still on his tail.

“As soon as we got into the school, the bell rang and the hall was flooded with kids,” he said.

As they waded through the children, Sergeant Harder finally got the chance to make a grab for the suspect.

“I grabbed his jacket just as he reached the back door, he asked me ‘Why are you chasing me?’ I said, ‘You stole a truck.’ He said, ‘I didn’t steal nothing.’

“It was then that school security guards reached us and took him into custody,” Sergeant Harder said.

Sergeant Young arrived just as Sergeant Harder chased the suspect into the school, and was met by the first APD patrol car.

“The patrol car reached the intersection the same time I did. They asked me for a location, and I told them ‘they went into the school,’” said Sergeant Young.

Shortly after that they got a radio call saying the suspect was in custody.

Lieutenant Paul Honeman, director of Public Affairs for APD, said the actions of Sergeants Harder and Young were immediate and, most importantly, safe.

“These guys wasted no time in reacting and responding,” he said. “And, they did it as safe as it could be done in this situation. The truck was recovered undamaged and the bad guy was arrested for Vehicle Theft. I spoke to the delivery driver, and he was very grateful for the help by these two service members.”

After the sergeants finished giving their statements to the police, they headed back towards the restaurant. They wondered if anyone would still be there, until they remembered that they had the going away present.

Their explanation as to why they were late was not initially received well.

“No one believed us when we told them why we were late,” said Sergeant Young. “They thought we were making it up.”

Lieutenant Honeman added that APD doesn’t encourage anybody to put themselves in harms way, however, “We always ask that people look out for each other.”

To Sergeant Young, looking out for people is just part of wearing the uniform.

“As servicemembers, it is our responsibility to protect the streets, regardless of whether it’s the streets of Baghdad or the streets of Anchorage.”

Deployed first sergeants discover family ties

By Staff Sgt. Scott Campbell
386th Air Expeditionary Wing Public Affairs

Perhaps one of the most anticipated days of a deployment for many members is the day their replacement arrives. Indeed, replacements are often greeted as gladly as long-lost relatives.

As Master Sgt. Patrick Julian Ellison screened the replacement list, looking for the name that would allow him to return home, he came across a familiar name, Senior Master Sgt. Patrick Julian, who is deployed from Elmendorf.

“I was looking at the first sergeant inbound list because I’m getting ready to leave. I was looking at the names on there to see who’s coming in and, with my name being Patrick Julian Ellison, I saw his name and I said, ‘holy smokes’, that’s just too much of a coincidence. I need to meet this guy because it’s just too freaky this guy’s got the same name I do,” said Sergeant Ellison, first sergeant for the 738th Expeditionary Airlift Squadron.

As the saying goes, things happen in threes and this time, the third was the hometown for these like-named first sergeants.

“Hey, this guy’s from Tennessee just like you, right outside of Knoxville,” Sergeant Ellison was told on his mobile phone when Sergeant Julian stopped by his office.

“He grew up in Knoxville but I grew up about 40 miles west of there in a little town called Harriman,” said 386th Expeditionary Communications Squadron first sergeant, Sergeant Julian.

Realizing coincidence had been stretched too far, they started putting the puzzle together and had family members back home send bits and pieces of their family histories until they discovered they were actually second cousins.

“One of my cousins sent the family tree and it was straight,” joked Sergeant Julian, “we’re linked by half-brothers.”

“The key to this is my grandfather’s father had 25 kids. Thirteen out of a first marriage and then that wife died and he remarried and had 12 more,” said Sergeant Ellison.

“Hill Julian, which was the last child born out of the first marriage was his great grandfather,” said Sgt Ellison, “My grandfather was born in the second set of children which made Hill Julian and my grandfather half-brothers.”

The mystery solved, these cousin shirts took advantage of their two week overlap to get to know each other and discovered they both share the same motivations for becoming first sergeant.

“[I became a first sergeant] to help people. I’d been in some squadrons that had pretty poor first ser-

geants, some that had some decent ones and I always thought I could be a better one. So I kind of modeled myself after the ones that were good. You have to be down to earth and be yourself,” said Sergeant Julian.

“I was a [security forces] investigator from (19)95 until September of 2004. I worked with several hundred different first sergeants throughout those years. I worked closely with them because when someone’s in trouble, who do we call? The first sergeant,” explained Sergeant Ellison. “You see the good they did and you think you can make the same difference with the other folks like the good shirts you saw.”

Although they’ve never met, it’s easy to mistake the sergeants for boy-



PHOTO BY STAFF SGT. SCOTT CAMPBELL

Second cousins Senior Master Sgt. Patrick Julian (left), 386th Expeditionary Communications Squadron first sergeant, deployed from Elmendorf, and Master Sgt. Patrick Ellison, 738th Expeditionary Airlift Squadron first sergeant met for the first time when they were deployed together in Southwest Asia.

hood friends with their Tennessee accents and easy-going, back-and-forth conversation that stirs up striking similarities between them, particularly their love of a particular team.

“Tennessee football,” Sergeant Julian proudly proclaims when asked about other similarities.

“Is there really anything else that matters?” asks Sergeant Ellison with a laugh.



COURTESY PHOTO

Staff Sgt. Shawana Harris

Duty title: Force protection escort and traffic management office representative

Elmendorf unit: 3rd Mission Support Squadron

Deployed unit: 386th Expeditionary Security Forces Squadron Force Protection Flight

Comment about deployment from person: This deployment has been a great experience, working under the security forces squadron has given me a new perspective of what they do and go through on a day to day basis. Not enough sleep ... you just got to love it.



PHOTO BY STAFF SGT. ALAN PORT

Special Agent Traci Wallace

Organization and duty title: Detachment 631, Air Force Office of Special Investigations counterintelligence

Hometown: Flagstaff, Ariz.

Hobbies: Shooting, hiking and mountain biking

Mission contribution: conducts felony criminal and counterintelligence investigations for the 11th Air Force and 3rd Wing.

Time at Elmendorf: One year, six months

Time in the Air Force: Five years, six months

Best part about being in Alaska: Being able to get outdoors and seeing moose in my front yard.

Commander’s comment: “Traci is one of the most dedicated agents I’ve worked with in OSI. Her ‘can do’ attitude and job knowledge are a considerable asset for the OSI team here.” Maj. Tom Spring



Load competition

The Load Crew of the Year Competition is today at 8 a.m. in Hangar 5, 7309 Johnson Ave. Three load crews will compete simultaneously for Load Crew of the Year honors. For details, call Tech. Sgt. Brian Butler at 552-7070.

Holiday goody bags

Arctic Warriors are invited to help the base chapel assemble and hang goody bags on each Airman’s dorm room door. Candy can be taken to the Chapel Center. Volunteers are needed Saturday 9 a.m.-2 p.m. at the Chapel 1 Annex to assemble and deliver 500 plus bags of candy. People wanting to help should call Chaplain (Capt.) Randall Erwin at 552-4422.

Holiday bowling tourney

The 3rd Wing Holiday Party Bowling Tournament is Tuesday at Polar Bowl. Check-in begins at 10:30 a.m. and bowling starts at 11 a.m. The cost for a five-person team is \$60. It includes three games of nine-pin, no-tap, shoes and pizza for team to share. To register, call 1st Lt. Kelly York at 552-5769 or Staff Sgt. Christiane Hernandez at 552-8275.

Vietnam veteran to speak

Dave Roever, a nationally known motivational speaker, author and Vietnam veteran, will visit Elmendorf Dec. 2-5. Mr. Roever will be the guest speaker at the Protestant praise and worship service Dec. 4 at 6 p.m. at Chapel 1 and tell his story Dec. 5 at 11 a.m. at the base theater. Lunch will be provided at the base theater. People who want to hear Mr. Roever speak at the theater must R.S.V.P. by Monday to Chaplain (Capt.) Earnest Beeman at 552-4422.

Tree lighting

Anchorage’s annual Tree Lighting Ceremony takes place Nov. 25 at 6 p.m. in Town Square Park. A reception honoring military members and their families begins at 4 p.m. at the Voth Theatre, 621 West 6th Ave. in Anchorage. Tickets are available to the first 150 military members and their families at the Armed Services YMCA central office, 7179 Fighter Drive, 552-9622 and the Ft. Richardson office in Building 655, 384-9622.

Holiday party

The 3rd Wing Holiday Party is Dec. 2 at the Susitna Club. The social hour begins at 6 p.m. with dinner at 7 p.m. The attire for the event is “holiday casual.”

Party goers are asked to bring an unwrapped gift for Toys for Tots. Door prizes will be given away. The cost is \$20 for linguine marinara and \$24 for roast turkey or baked ham. Club members receive a \$3 discount. Arctic Warriors should sign up with their first sergeant or call Capt. Keith Schilawski at 551-0046 or 552-4481 by Nov. 28.

Children’s holiday party

People who are attending the 3rd Wing Holiday Party Dec. 2 may take their children to the Children’s Holiday Party on the first floor of 10441 Kuter Ave. Child care for infants is limited. The child activities include arts and crafts, games, movies and a visit from Santa. A pizza dinner will be provided. To R.S.V.P. by Nov. 28, call 1st Lts. Kelly York at 552-5769 or Angela Taravella at 552-2016.

Home buying seminar

The Elmendorf Housing Office offers a home purchasing seminar Dec. 5 at 1 p.m. at 6346 Arctic Warrior Drive. The class lasts two to three hours. Seating is limited. For details or to make a reservation, call 552-4439 or 552-4328.

Bargain Shop

The Bargain Shop is closed Nov. 25, Dec. 19-30 and Jan. 2. Consignments won’t be accepted in December.
For details, call 753-6134.

Learn to fly

Registration for Private Pilot Ground School takes place Dec. 12-16, 9:30 a.m. to 2 p.m. at the Aero Club. Classes are every Tuesday and Thursday, 6 to 9 p.m. in Hangar 7 Jan. 3-Feb. 23.
The class includes the \$350 course and \$255 book kit fees, which may be paid by check or credit card.

Military members eligible for tuition assistance must go online to <https://afvec.langley.af.mil/Pages/home.aspx> to obtain an authorization form. The completed form and the book kit fee must be taken to the Aero Club at the time of registration.
People attending the ground school are not required to be Aero Club members unless they are intending to fly at that time.
For details, call 552-5435.

Snow removal

Aurora Military Family Housing officials will dispatch snow removal equipment between 8 a.m. and 6 p.m. once the snow accumulations reach 2 inches.
The contractor first pushes the snow into piles and then hauls it away. Do not allow children to play on the snow hills since they will be loaded into trucks for hauling. The

amount of snowfall determines when the snow will be moved.
Small plow trucks will be used in the officers’ quarters and the Quesada area 6-8 a.m. for mission essential requirements only.
Call Aurora MFH at 753-1023 or 753-1024 for details or with questions.

Renter’s Insurance

All Aurora Phase II residents are eligible for free renter’s insurance and may also receive \$8 credit per month if personal insurance is already in place. For details, call 753-1023.

Child care

The Mildly Ill Family Child Care program provides care for children, who under Air Force rules, could not otherwise receive care in base child care facilities.
A Family Child Care provider specially designated to accept only mildly ill children is available to provide care. Children in non-contagious stages of communicable illnesses or those with mild respiratory illnesses can be accepted for care. The care is free, but parents continue paying their regular child care fees.
To be eligible, the children must be enrolled full time in an on-base or off-base facility, Child Development Center, school age program, or FCC home. Pre-registration in MIFCC is mandatory, and the parent and child must visit the provider’s home before making their first reservation.
For questions or details, call

552-3995 or 552-4664, or the MIFCC provider, Nel Rubbico, at 753-2454.

Medical records

In April, the 3rd Medical Group converted to the Composite Health Care System. The new system began the conversion to electronic medical records throughout the Department of Defense.
To assure departing individuals’ medical records are properly transferred to another health care facility, the 3rd Medical Group Records Department requires five duty days for processing.
To pick up medical records, beneficiaries can fax a copy of their orders to 580-2120, or drop off a copy of orders at the outpatient records section weekdays 8 a.m.-4:30 p.m. between five and 10 duty days of the final outprocessing appointment.
For questions or concerns, call 580-2112, or for details about obtaining a copy of your medical record, call the release of information office at 580-2108.

DoD flu Web page

The Defense Department’s deployment health officials have posted a Web page as part of President Bush’s strategy to combat the possibility of a flu outbreak.
The page includes frequently asked questions, information geared to servicemembers and links to other resources.
For details, visit www.pandemic-flu.gov.



Chapel Schedule

Catholic Parish
■ **Monday through Wednesday and Friday Mass:** 11:30 a.m. at the Chapel Center
■ **Thursday Mass:** 11:30 a.m. at the Hospital Chapel
■ **Sunday Mass:** 10:30 a.m. at Chapel 1
■ **Sunday Evening Mass:** 5 p.m. at Chapel 2
■ **Confession:** 6 p.m. Sundays at Chapel 2

Protestant Sunday
■ **Liturgical Service:** 9 a.m. at Chapel 2
■ **Celebration Service:** 9 a.m. at Chapel 1
■ **Gospel Service:** noon at Chapel 1
■ **Fellowship Praise:** 6 p.m. at Chapel 1

Religious Education
■ **Catholic Religious Education:** Sunday at 9 a.m. at the Chapel Center.
■ **Protestant Sunday School:** 10:30 a.m. at the Chapel Center.

For more details, call the Chapel at 552-4422.

Commissary offers scholarships

By Gerry Gilmore
American Forces Press Service

The Defense Commissary Agency and the Fisher House Foundation have teamed up again to offer educational scholarships to children of military families and retirees.

The Scholarships for Military Children Program is marking its sixth year, DeCA spokesman Kevin Robinson said, with the goal to provide at least one \$1,500 scholarship for each of DeCA's 268 commissaries worldwide.

"It's important for us to give back to the military community that we serve," Mr. Robinson said. "This is one of the ways we do that, in addition to providing a commissary benefit to our customers.

"Helping the children of military families get an education" is a very worthy cause, he said.

Authorized applicants include unmarried children of active duty, guard or reserve, or military retiree families who are under 21-years-old. Applicants up to age 23 are also eligible if they are enrolled in school.

The application period for this year's program began Nov. 1 and ends Feb. 22.

Application forms for the program are available at the Anchorage Area Commissary or via the Internet at www.commissaries.com or at www.militaryscholar.org.

Applicants are required to write and

Locally

The Anchorage Area Commissary has applications available at the customer service desk. Locally, three scholarships were awarded during 2004-2005. For details, call 580-4863.

submit an essay on why they admire a great past or present military leader. More than one scholarship per commissary may be awarded. In 2004-2005, 500 scholarships were awarded.

The Fisher House Foundation administers the scholarship program, which is funded by manufacturers and suppliers of groceries and services in the commissary system. An outside review panel selects scholarship recipients, he noted.

Last year, the DeCA-Fisher House program awarded about \$750,000 in scholarships, said David Coker, the Fisher House Foundation's executive director. More than \$3.2 million in scholarships have been awarded since the program began.

The annual DeCA-Fisher House scholarship program is conducted "to honor those who serve," Mr. Coker said.

Fisher House also builds and runs living quarters on the grounds of major military installations and Veterans Affairs medical centers so family members can be close to hospitalized loved ones.

Air Force recruiting Judge Advocates

By Capt. Peter Kazar
3rd Wing Legal Office

Applications for the fiscal year 2006 Funded Legal Education Program and Excess Leave Program are being accepted Jan. 1 through March 1.

The FLEP program is a paid legal studies program for active-duty Air Force officers. Applicants must have between two and six years active-duty service (enlisted or commissioned) prior to entry into law school.

The ELP program is an unpaid legal studies program for Air Force officers.

ELP applicants must have between two and 10 years of active-duty service prior to entering law school. Additionally, ELP applicants must be a captain, with less than three years time in grade, or below as of the first day of law school.

Both the programs require attendance at an American Bar Association accredited law school. Upon graduation and admission to practice law before any state's highest court or a federal court, candidates are eligible for designation as judge advocates.

Candidate selection is based on the 'whole person concept,' which means the person is considered as a 'whole person,' and is not considered within a narrow range of qualities.

During FY 2004, the average selectee's Law School Admissions Test score was in the 84th percentile. The average undergraduate grade point average was 3.54. The FLEP selection rate was 11 percent, while the overall FLEP and ELP selection rate during FY 2004 was 18 percent.

To be considered, applicants must complete all application forms, apply to an ABA accredited law school, receive their Law School Admissions Test results, and complete a Staff Judge Advocate interview by March 1. Air Force Instruction 51-101, *Judge Advocate Accession Program*, Chapters 2 and 3, discuss the FLEP and ELP programs.

For information and an application, call Lt. Col. Thomas Zimmerman at 552-3048, or visit the Web site at <http://www.jagusaf.hq.af.mil>.

Airmen should verify deployment credit

All Airmen, who were not issued contingency/exercise/deployment orders to deploy, should verify their personnel records include credit for those deployments.

A deployment is any temporary duty away from the home station filling a validated combatant or component commander or supported major command requirement for forces in support of a named operation or exercise.

Airmen should ensure they have received credit for their deployments because, in some instances, units have deployed Airmen under normal or NATO travel orders. However, to receive deployment credit, Air Force Instruction 36-2134, *Air Force Duty Status Program* requires CED orders to update TDY histories in the Military Personnel Data System.

“Because officer selection boards are charged by the secretary of the Air Force to consider the ‘whole person,’ officers need to ensure their entire record is correct to include deployments. The officer selection brief, which is a snapshot of the officer’s career, to include data such as decorations, duty history and developmental education, now reflects qualifying deployments since 9/11,” said Lt. Col. Darlene Roquemore, chief of the officer promotions, appointments and selection continuation branch at the Air Force Personnel Center.

Airmen can verify their deployment

history has been updated through their commander’s support staff or personnel employment section at their servicing military personnel flight. If an Airman’s deployment has not been updated in their TDY history, a completed travel voucher and at least one of the following source documents are required to receive credit:

- certified CED orders;
- certified non-CED orders;
- approved decoration;
- officer/enlisted performance report;
- finalized letter of evaluation; or
- a letter of justification from a squadron commander or higher.

All source documents must identify the Airman and state the named operation or exercise supported for the duration of the TDY.

In the future, all Airmen who are not issued CED orders for eligible deployments should make every effort to notify their commander’s support staff or servicing MPF Personnel Readiness Unit prior to departure. If they cannot correct orders before departure, they may do so after returning from the deployment.

For details, call the AFPC field activities office at DSN (312) 665-2671 or commercial (210) 565-2671 or the Elmendorf Military Personnel Flight at 552-2276.

(*Courtesy of Air Force Personnel Service*)

Tips for holiday safety

Safe cooking tips:

- Never leave food cooking on an unattended stove.
- Keep cooking areas clear of combustibles.
- Turn pot handles inward so they can’t be bumped and children can’t grab them.
- Always keep a potholder, oven mitt and lid handy. If a small grease fire starts in a pan, put on an oven mitt and smother the flames by carefully sliding a lid over the pan. Turn off the burner and don’t remove the lid until it is completely cool.
- Never pour water on a grease fire and never discharge a fire extinguisher onto a pan fire. It may spray or shoot burning grease around the kitchen, actually spreading the fire.
- Follow manufacturer instructions when using turkey fryers.



Holiday safety tips:

- Inspect holiday lights. Don’t use frayed or damaged lights.
- Use safe, sturdy ladders. Don’t over-extend your reach while on a ladder, and have a spotter hold the base of tall ladders.
- Don’t put candles near combustible items. Don’t put candles on Christmas trees. Never leave candles unattended.
- Select live trees carefully to minimize fire danger. Do not purchase a tree if its needles are already falling off or the limbs snap when you bend them.
- Make sure you only use items for your decorations that are made of flame-resistant, flame-retardant, or noncombustible material.

(*Courtesy of the 11th Air Force Safety office*)



PHOTO BY TECH. SGT. DELOS REYES

Fill 'er up

Senior Airmen Brandon Raanes, Robert Erskine and Airman 1st Class Neil Kellog, take a break from offloading tank cars. The Airmen offload 21 tankcars for a total of 168,000 gallons of JP-8 jet fuel each day in the 103 degree heat. All are currently deployed to Southwest Asia from the 3rd Logistics Readiness Squadron, and are assigned to the 386th Expeditionary LRS.

Alaska’s Military Families Matter

By Jennifer Keese
American Red Cross

Larry Timmins, was moved by a story told by a Vietnam Veteran who remembered receiving a donated package.

The veteran stated that it meant a lot to him knowing that companies at home were thinking of him while he was fighting in Vietnam.

This put an idea into Mr. Timminn’s head – it was his hope that his fellow employees could help military members in appreciation for all that they do, and to perhaps make an impression on them as well.

Mr. Timmins contacted Sam Travis, Elmendorf Red Cross station manager, and found a perfect solution to help needy military families right here in Alaska through the Alaska’s Military Families Matter program.

“We started the AM-FM program because we received so many calls from folks in the community who wanted to donate goods to deployed military members,” said Mr. Travis. “Unfortunately, it is very expensive and a logistical nightmare to send large packages overseas,” he added.

At the same time, the Red Cross office on base was receiving calls from military members who didn’t have enough money to pay their bills, or purchase necessities such as

food or clothing.

“Life in Alaska can pose unique challenges to military families,” said Mr. Travis. “Many of these folks are new to the state and come unprepared for Alaska’s winters.

“Outfitting an entire family in winter clothing can pose a huge burden when you are on a limited income,” he added.

Mr. Travis created a program linking community members who wanted to help with needy military families’ right here at home.

“Larry called with his offer to help at just the right time,” said Mr. Travis. A military family who had lost almost everything to Hurricane Katrina had just moved to the state and

had requested help from the Red Cross. Mr. Timmins approached the management team at his work and found they were eager to help.

Turning this into a company-wide effort, the employees pulled together and donated furniture, clothing and kitchen items, as well as more than \$200 worth of gift cards to the AM-FM program.

“The family was so grateful for their help,” said Mr. Travis. “These donations will go a long way to helping this military family get back on their feet in their new home here in Alaska.”

To learn more about the AM-FM program, call Sam Travis at 552-5253.



WAPS testing information for 2006

The official fiscal 2006 testing cycle begins when Elmendorf's eligible master sergeants test Dec. 5. They will be part of the 06E8 testing cycle, which ends Dec 16.

Other testing dates are:

■ Eligible staff and technical sergeants will test Feb. 15-March 31 during the 06E6/E7 cycle

■ Eligible senior airmen will test May 1-31 during the 06E5 cycle

■ Eligible senior master sergeants will test Dec.13-16, 2006, during the 06E9 testing cycle

In order to ensure all EPRs, decorations and other considerations, Airmen should be familiar with their individual responsibilities.

Those responsibilities are stated in Air Force Instruction 36-2605 *Air Force Military Personnel Testing System Paragraph* and include:

– Know their promotion eligibility status.

– Maintain their specialty and military qualifications to retain their eligibility.

– Use self-initiated programs of individual study and effort to advance their career under Weighted Airman Promotion System.

– Obtain and study all current

study references specified for a particular promotion cycle.

– Review the annual WAPS Catalog published in August to check availability and receipt of correct study references.

– Be prepared to test the first day of the testing cycle, except those members who will be unavailable during the entire testing cycle due to a scheduled TDY. They must be prepared to test prior to departing, even if that is before the first day of the testing cycle.

Members can be required to test up to 10 calendar days prior to the start of the testing cycle.

– Ensure they receive at least 60 days access to study materials prior to testing.

Realize that when a member signs the promotion testing Report on Individual Person, he or she is waiving the right to 60 days study time access even if he or she does not have the materials 60 days prior to test date.

Member is also waiving the right to 60 days study time access if they have not initiated follow-up action to obtain study materials in a timely manner (at least 60 days before start of testing cycle).

– Be prepared, if randomly

selected, to serve as test certification or witnessing official for Promotion Fitness Examination and U.S.Air Force Supervisory Examination sealed test booklet verification and destruction process. This will require member being available for entire testing session plus additional time following testing session. Refusal to perform these duties will be interpreted as a declination to test and member will be ineligible to compete for promotion until the next test cycle.

In addition to the AFI, the Elmendorf Testing Office staff, located in the People Center, Room 244, offers other need-to-know information.

– People who are testing must be on time. The testing sessions begin at 7:30 a.m., 9 a.m. or 1 p.m. This time is indicated on the testing RIP sheet members sign when they are notified of testing.

The doors will be locked at these times and members will not be allowed to test if they are late.

– If a member is late for testing, the testing staff will send a “no-show” letter to the member's commander.

It is up to the commander to approve or disapprove reschedul-

ing the member for testing.

The Military Personnel Flight commander is the final approval authority for rescheduling due to circumstances outside the member's control.

Requests for rescheduling for reasons appearing to be within the member's control, but for which unit commanders are also requesting rescheduling, will be forwarded to the 3rd Mission Support Squadron commander for final determination.

Reasons that are within the member's control are identified in AFI 36-2605.

– The tester must be in uniform and have a valid identification card to test.

– The member may not to bring anything into the testing room. There is a small waiting room outside the actual testing room where people can leave their personal belongings.

People should leave all electronic devices in their vehicle before entering the building.

For details or questions, call the testing office staff at 552-4985 or 552-5504.

(Courtesy of the 3rd Mission Support Squadron Promotions and Testing Office)

Gaining air

Malik Dhaamin, 9, soars toward the hoop during a youth basketball game at the Youth Center. Malik's parents are Tech. Sgt. Arnita and Naseer Dhaamin, 361st Recruiting Squadron. He is a member of the Bulldogs – a Minors Youth Basketball League team. This league gives military children an opportunity to participate in sports and build teamwork skills. Youth Programs sponsors 15 basketball teams and 4 cheerleader squads with 198 participants ranging in age from 5-14. The Bulldogs play against teams from Elmendorf as well as Ft. Richardson. For information or to volunteer to coach, call Youth Programs at 552-2266.



PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

2005 Basketball Standings

Regular Season

Team	Won	Lost	Pct	GB
3 CES	16	0	.971	—
3 SFS	13	4	.765	3.5
3 EMS	12	4	.750	4
3 AMXS	12	5	.706	4.5
3 MDG	11	5	.688	5
3 CMS 2	10	5	.667	5.5
3 CS	10	6	.625	6
703 AMXS	10	6	.625	6
381 IS	9	8	.529	7.5
3 LRS	7	7	.500	8
611 ASG	8	9	.471	8.5
3 CONS	5	10	.333	10.5
3 CPTS	5	11	.313	11
962 AACS	5	11	.313	11
EMS AGE	5	11	.313	11
3 CMS 1	4	12	.250	12
732 AMS	1	15	.063	15
CMS PROPS	0	14	.033	15

Over 30

Team	Won	Lost	Pct	GB
3 MDG	12	2	.857	—
3 CES	11	3	.786	1
Army COE	10	3	.769	1.5
381 IS	9	4	.692	2.5
611 ASG	7	7	.500	5
3 SVS	5	7	.417	6
611 AOG	3	7	.300	7
962 AACS	2	12	.143	10
3 CS	0	14	.000	12

Current as of Tuesday

Did you recently arrive at Elmendorf? Did you recieve an award? Did you complete Professional Military Education? If so, let people back home know about it. Fill out the DD Form 2266, Hometown News Release, online at <https://hn.afnews.af.mil/webpages/paperless/46790/46790-3WGELMENDORFAFB.html>.

Arctic Life

Great living in the great land

Canadians remember fallen servicemembers



Clockwise from above: Canadian Component Elmendorf military member spouses and children (left to right): Karen Shinall, Kathy Livingston, Shauna Langley and Jean Benoit look on during the Canadian Remembrance Day ceremony Nov. 11. The Ceremony is held every year to remember those Canadian, U.S. and Allied servicemembers who have lost their lives at war. Bag Piper, Dan Henderson, plays “Amazing Grace” and “Lament” during the ceremony. Left to right, Sandra Bowden, Naomi Jones, Judi Root, James Bowden, Ray Untief, commander, American Legion, Post 1 and his wife gather prior to the start of the ceremony. Col. Marcel Major, deputy commander, Alaskan North American Aerospace Defense Command Region, places a wreath at the ceremony. The ceremony has been held at the Ft. Richardson National Cemetery every year since the Canadians arrived at Elmendorf in 1983.



President visits Elmendorf, speaks with troops

By Staff Sgt. Francesca Popp
3rd Wing Public Affairs

Making his second Elmendorf visit, President George Bush stopped here Monday on the first leg of his week-long Asia tour. He thanked servicemembers and civilians for volunteering to serve and continuing to fight the Global War on Terrorism.

He spoke for nearly 45 minutes with more than 4,500 servicemembers and civilian workers from all the services.

Army Staff Sgt. Joshua Ferguson was one of the nearly 3,500 military members at the event. The Headquarters Company, 1st Battalion, 501st Parachute Infantry Regiment troop from Ft. Richardson was excited to see the president in person for the first time.

“It’s an honor to hear him speak,” Sergeant Ferguson said. “It’s great for him to come here and show his support of the troops.”

President Bush said he fondly remembered Alaska, where he lived shortly in 1974, making him the only president to have lived there. He said he was “proud” to stand among the Airmen, Soldiers, Sailors, Marines and Coast Guardsmen in Alaska.

“First thing I want to tell you is the American people are grateful for your service and so is the commander in chief,” he said. “Each of you is a volunteer. You stepped forward and took an oath to defend America.

“Every day you put on your uniforms, you reflect our nation’s highest values and our greatest hopes,” the president said. “Through your hard work and dedication to duty, your sacrifices are building a better and safer world for all Americans.

“We will settle for nothing less than victory,” he said. President Bush said servicemembers here defended the last frontier against the Soviet Union during the Cold War, giving the nation “Top Cover.” Servicemembers continue



PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

to “complete the mission and lay the foundation of peace for generations to come” in the 21st century.

He also recognized the efforts of the thousands of Alaska-based Air Force and Army troops and units deployed from Alaska to serve in the Global War on Terrorism and elsewhere.

“The 517th Airlift Squadron has served for over a year in support of Operation Enduring Freedom. Crews from the 68th Medical Company have saved the lives of the injured and wounded in Afghanistan,” President Bush said. “Soldiers of the 95th Chemical Company are in Kuwait dealing with decontamination and hazardous material operations. And the 4th Battalion, 123rd Aviation Brigade Regiment has been flying missions throughout the deserts of Iraq and Kuwait.”

From the deserts of Iraq to the mountains of Afghanistan, Arctic Warriors are leaving their mark and a legacy of freedom, the president said.

The president said terrorists are trying to put fear into the minds of people around the world. He said he will do what he can stop them.

“They hit us and expect us to run,” the president said. “America will never run. We will stand and fight until we win the war on terror.”

He said to fight terrorism, the U.S. military is helping train Iraqi military forces “so they can defend their people

and take the fight to the enemy.”

“We’re making steady progress. With every passing month, more and more Iraqi forces are standing up,” President Bush said.

“The Iraqi military is gaining new capabilities and confidence. At the time of the Fallujah operations a year ago, there were only a few Iraqi army battalions in combat,” he said. “Today, there are nearly 90 Iraqi army battalions fighting the terrorists alongside our U.S. military forces.”

The president said, “As the Iraqis stand up, we will stand down. When our commanders on the ground tell me the Iraqi forces can defend their freedom, our troops will come home with the honor they have earned.”

President Bush said troops deserve to know that the American people’s support will remain firm when the going gets tough.

Airman 1st Class Christopher Miller said hearing directly from the president was special.

“Being in Alaska, sometimes I feel so far away from everything that I start to wonder if I’m really making a difference,” said the 381st Intelligence Squadron Airman.

The Airman liked hearing the president say “that we’re directly making an impact and a difference in this war.”

“That makes me feel good and makes me want to work that much harder and get to work that much earlier and stay that much later,” Airman Miller said. “To really try harder every day to make a difference — most importantly for those people in Iraq, on the ground fighting.”

President Bush said this time of war was a time for sacrifice.

“The greatest burden falls on our military families,” President Bush said. “We lost some of our nation’s finest — and each loss is heartbreaking.”

Afterward, President Bush and first lady Laura Bush met privately with four families who had relatives killed in action, thanking them for their sacrifice.



PHOTO BY STAFF SGT. DAVID DONOVAN

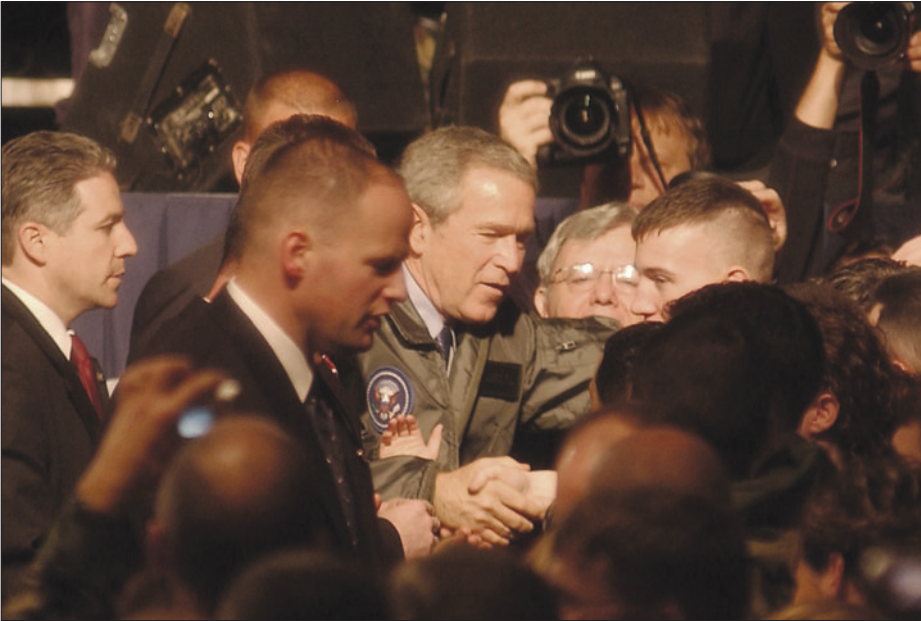


PHOTO BY STAFF SGT. SUELLYN NUCKOLLS



PHOTO BY STAFF SGT. ALAN PORT

Left: Staff Sgt. David King, Staff Sgt. Jonathan Bowman, Airman 1st Class Lawrence Hernandez and 1st Lt. Caleb Haley, 19th Fighter Squadron, listen to President Bush.

Top left: President Bush shakes hands with audience members after his speech.

Photo in text: Tiny American flags were given to everyone who attended the event to see President George Bush in Hangar 1 Monday.

Above: Air Force One lands at Elmendorf to refuel before continuing on to Japan.

Right: President George Bush and first lady Laura Bush “were in the neighborhood” and thought they would stop by for a visit. The president and first lady were enroute to Asia for a weeklong tour.

Cover: President George Bush visited Elmendorf Monday. He spoke about the Global War on Terrorism to the 3,500 military and 1,000 civilians who attended.



PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

SANTA'S COMING: Mark your calendar for the upcoming Breakfast with Santa Dec. 10 and 17 at the Kenai Dining Facility. Call the Arctic Oasis Community Center at 552-8529 for details.

Native Americans in Uniform

By **Capt. Tony Wickman**
Alaskan Command Public Affairs

ACROSS

- 1. Liberty ____
- 5. Layman
- 9. Native American MoH recipient
Capt. Raymond ____ (Korea)
- 11. Sail material
- 13. Angst
- 14. Try
- 16. Popeye’s gal Olive
- 17. ____ Arbor, M.I.
- 19. American Architect I.M. ____
- 20. Grant’s opponent
- 21. Native American MoH recipient
Lt Van T. ____ (WWII)
- 25. Prohibit
- 26. Langley AFB time zone
- 27. Without offenses
- 28. Before, poetically
- 29. God of War
- 30. Elastic
- 32. ____ -fi genre
- 34. Ancient

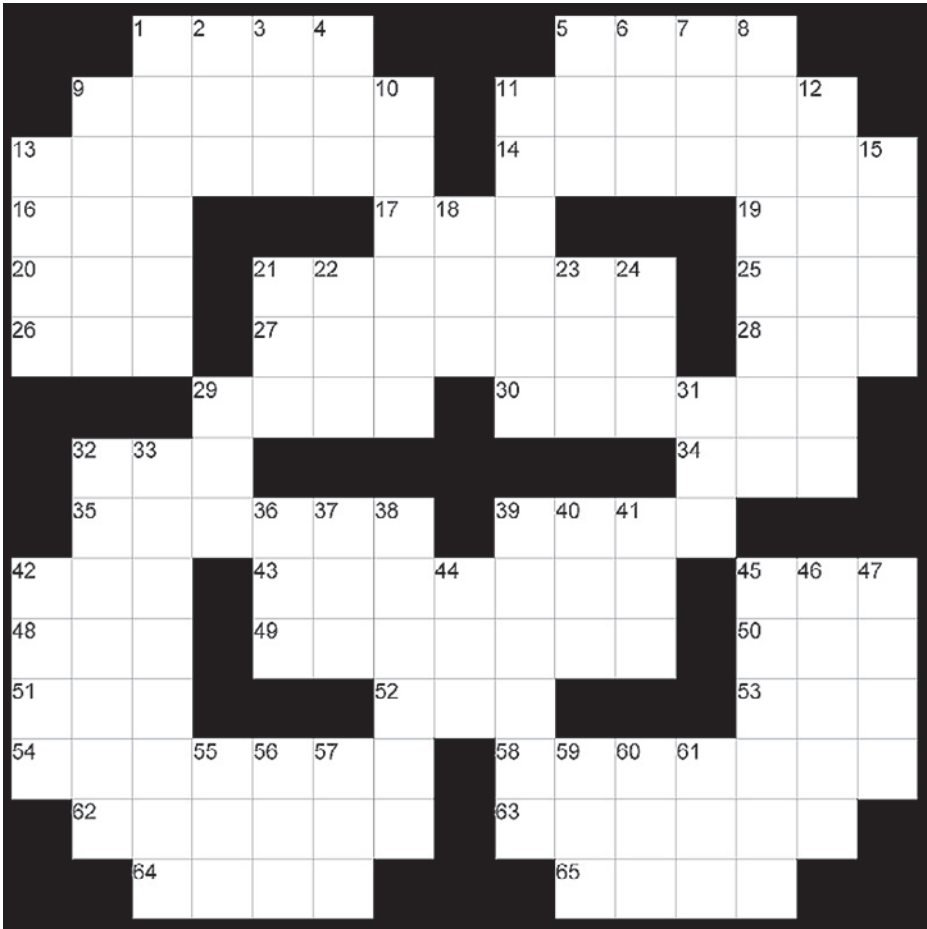
- 35. Swarm
- 39. Egyptian river
- 42. ____ -lai
- 43. Perform again
- 45. Native American MoH recipient
Cpl Mitchell ____ Cloud, Jr. (Korea)
- 48. Engine need
- 49. Develops
- 50. Biblical first woman
- 51. &
- 52. Letters on food packaging; vita-
mins %
- 53. Football great Marino
- 54. Desiring
- 58. Lingo
- 62. Half-asleep
- 63. Pacific, Atlantic and Indian
- 64. Pack away
- 65. Record

DOWN

- 1. Dance type
- 2. Important time
- 3. 56, to Julius Caesar
- 4. Mil. pay statement
- 5. Long. opposite
- 6. Picnic pest
- 7. ____ Got a Secret
- 8. U.S. Senator Ben Nighthorse ____;
Korean War veteran
- 9. Native American Ira ____; flag rais-
ing participant on 56 Down
- 10. Desires
- 11. Native American boats, once
- 12. Impaled
- 13. Spy
- 15. Wear out
- 18. Brett Favre’s org.
- 21. Scout’s org.
- 22. Plane or bag lead-in



Last week’s solution



- 23. Stillwater, Okla. school
- 24. Kitchen meas.
- 29. Russian space station
- 31. American writer Edgar Allen ____
- 32. Tarnished
- 33. Native American MoH recipient
Lt. Ernest ____ (WWII)
- 36. Mining goal
- 37. West. state
- 38. Native American MoH recipient
PFC Charles ____ (Korea)
- 39. Code Talker tribe of WWII
- 40. Frozen water
- 41. O-1s or O-2s
- 42. ____ or Arc
- 44. European country (ISO country
code)
- 45. Construct again
- 46. Native American MoH recipient
CDR Ernest E. ____ (WWII)
- 47. Lairs
- 55. Speck
- 56. ____ Jima, site of 9 Down’s fa-
mous flag raising
- 57. Australian prov.
- 59. Perform
- 60. Actor Stephen
- 61. Breach

SPORTS PAGE



PHOTOS BY AIRMAN 1ST CLASS GARRETT HOTHAN

Frontcourt action

Above: Members of 3rd Equipment Maintenance Squadron Aerospace Ground Equipment team, try to prevent Earnest Nolan, 3rd Component Maintenance Squadron 2, from getting a shot off. The 3rd CMS 2 downed 3rd EMS AGE 65-40 during Tuesday night's action.

Right: Carl Crump, 3rd CMS 2, brings the ball down court during the game. The under 30 basketball playoffs begin Monday. Games start at 5 p.m., 6 p.m., 7 p.m. and 8 p.m. at the Fitness Center.



PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

Two points

The Youth Center's Mighty Tots is an introductory sports program for children under 5 years old. The program helps children learn basic sporting skills and hand-to-eye coordination. It also lets children get involved in positive atmosphere and interact with others in a fun environment. The next Mighty Tots session is indoor soccer. Registrations take place Dec. 12-Jan. 13, with play beginning Feb. 13. For details, call 552-2266.

Sport Shorts

Youth ski team registration

Hillberg Youth Ski Team registrations are Saturday at 11:30 a.m. The ski team is for children 5 to 14 years old. The first practice of the season begins at noon.

The registration fee is \$30 per child with a \$60 maximum for a family for staff sergeants and below; and \$50 per child with a \$100 maximum for a family for technical sergeants and above. Helmets are required and available to rent for \$10.

For details, call Suzi or Bobby Stone at 770-4958.

Fitness center lockers

The fitness center must move 20 sets of lockers out of the men's locker room Sunday to be placed in the temporary fitness center.

Men, who are locker holders, must empty their lockers by Sunday. Women, who are locker holders, must clean out theirs by Dec. 15.

The fitness center staff will make all lockers available for daily use until Jan. 2.

For details, call 552-5353.

Aerobic schedule

The aerobic schedule for Monday-Nov. 25 is:

Monday: 6 a.m. Spin; 9:30 a.m. Muscle Conditioning; noon Step; 5:30 p.m. Yoga; 5:30 p.m. Kickbox; and 6 p.m. Aqua

Tuesday: 11:30 a.m. Pilates; 3 p.m. Circuit; 5:30 p.m. Spin; 5:30 p.m. Step; and 6:30 p.m. Bootcamp

Wednesday: 6 a.m. Spin; 9:30 a.m. Muscle Conditioning; noon Yoga; 5:30 p.m. Yoga; 5:30 p.m. Step; and 6 p.m. Aqua

Thursday: No classes scheduled

Nov. 25: 10:30 a.m. Spin; 11:30 a.m. Fitball; noon Step; 4:30 p.m. Kick-box; and 4:30 p.m. Yoga/Pilates